



Age-Friendly / Livable Communities

Agenda

Healthy Chula Vista

Why Designate Now?

Overview of Designation & Benefits

Work Program

Commission Involvement





Purpose

Create policies and programs to improve the City's physical and social environments, promote awareness and access to services, and build community partnerships.





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Healthy Chula Vista

Age-Friendly Domains

	Land Use	Healthy Food Access	Physical Activity	Health Care & Prevention	Environmental Quality	Engagement	Transportation
Housing	✓					✓	
Social Participation		✓				✓	
Respect & Social Inclusion			✓			✓	
Civic Participation & Employment						✓	
Communication & Information						✓	
Community Support & Health Services		✓		✓			✓
Outdoor Spaces & Health Services	✓		✓		✓		
Transportation		✓	✓	✓			✓

Aging Population 65+

Chula Vista

— 2015

- 28K
- 10%

— 2020

- 32.5K
- 12%

U.S.

— 2012

- 43M
- 14%

— 2020

- 56M
- 17%

Designation

“An inclusive and accessible urban environment that promotes active aging”.

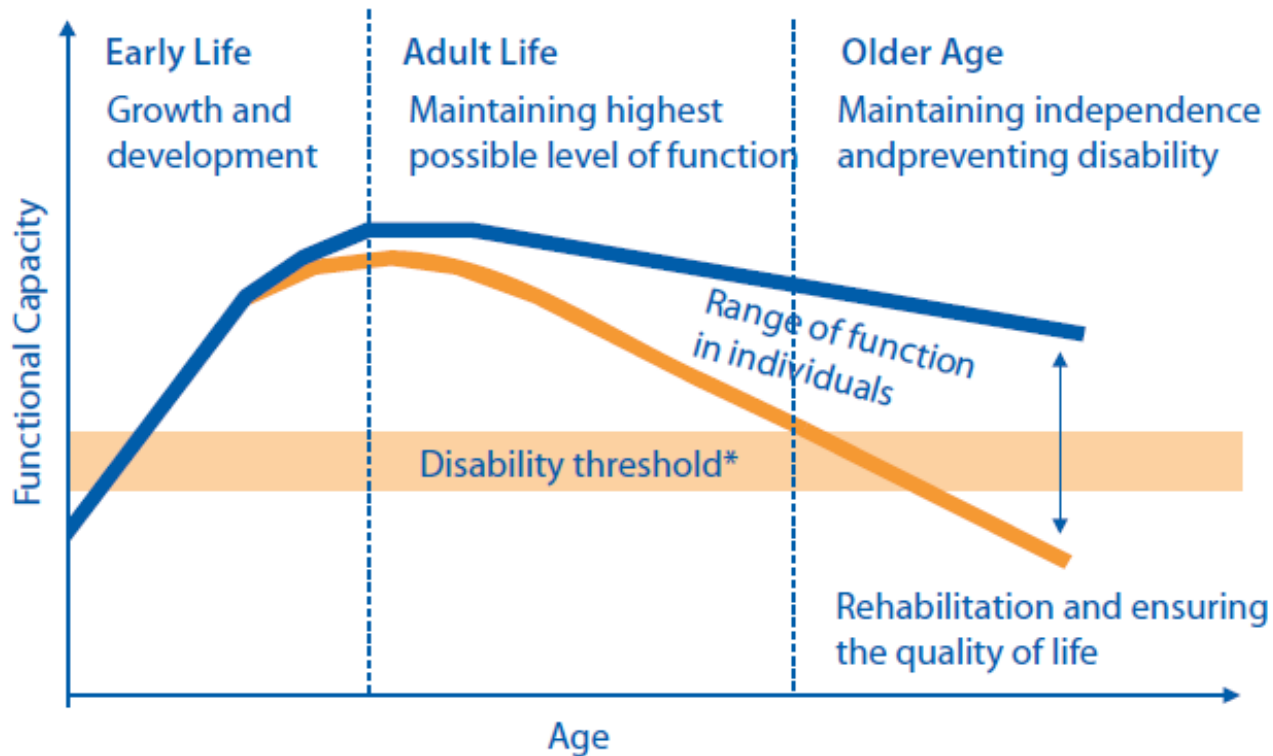


“Diverse features satisfying the needs of all ages, incomes and abilities”.



Functionality by Age

Figure 4. Maintaining functional capacity over the life course



Source: Kalache & Kickbusch (12).

Age-Friendly Network

- **113 million people covered**
- **33 countries**
- **287 cities & communities**



**Chula Vista
99th Jurisdiction**

Boundaries and names shown and the designations used on this map do not imply the expression of any opinion of the World Health Organization concerning the legal status of any country, territory, city or area or concerning the delimitation of its frontiers or boundaries. Dotted lines on maps represent approximate boundaries that have not yet been fully agreed.

Benefits of Designation

- Global network of communities and experts
- Latest news and information
 - best practices, events, results, challenges and new initiatives
- Opportunities for partnerships & funding
- Mentoring and peer-review evaluation
- Public recognition of commitment
- Speaking engagements at conferences and events

HOUSING



NEIGHBORHOOD



TRANSPORTATION



ENVIRONMENT



HEALTH




ENGAGEMENT



OPPORTUNITY



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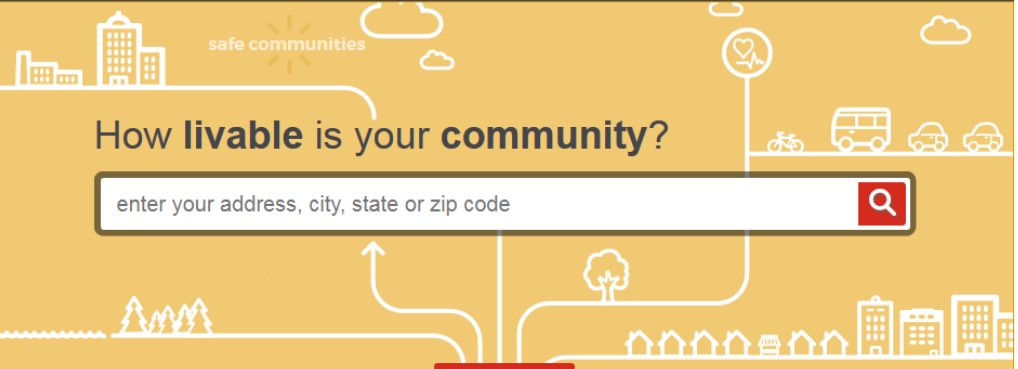
Great Neighborhoods for All Ages

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safe communities

How livable is your community?

enter your address, city, state or zip code 



LEARN MORE

The Livability Index scores neighborhoods and communities across the U.S. for the services and amenities that impact your life the most.

Search for your city or learn more about how we define livability.

Chula Vista AARP Livability Score



👎 Housing (34/100)

👎 Engagement (38/100)

👍 Health (70/100)

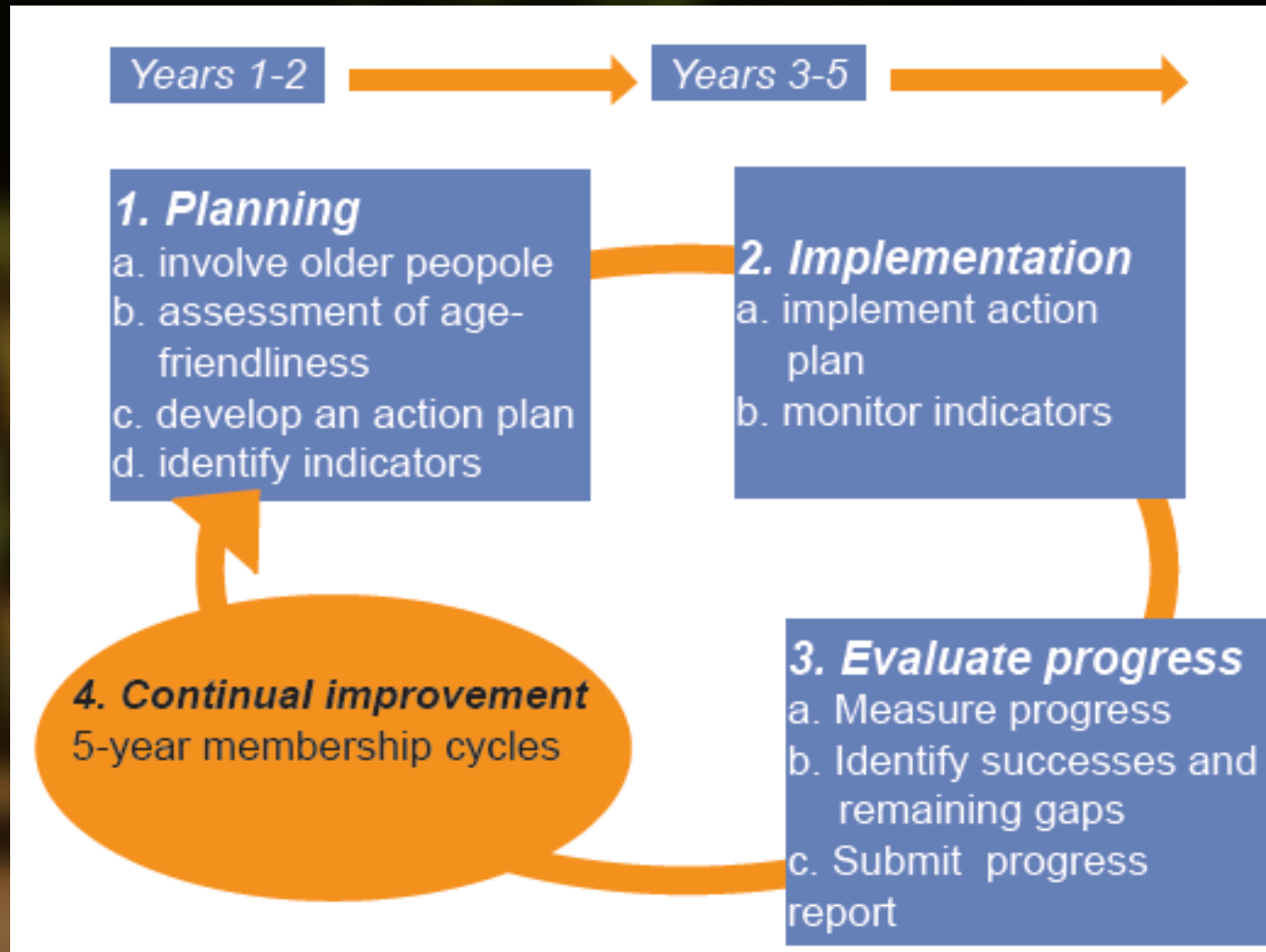
👍 Neighborhood (61/100)

67-100+ Above Average

34-66 Average

0-33 Below Average

Process (5 Year Cycle)



Commission Involvement

- Data
- Upcoming Outreach Events



- Quarterly Reports
- Plan Development & Implementation